

DLF QEC INNOVATIVE SCHOOL RIDGE VALLEY

DLF PHASE – IV, GURUGRAM, HARYANA

RVS/CIR/073/2024-25

03rd Oct 2024

HEATS SCHEDULE FOR SPORTS DAY FIELD AND TRACK EVENTS

Dear Parents, (Grade III-XII)

Greetings!

We are excited to announce that our **Annual Sports Meet** will take place on **October 26, 2024**. The heats for the various field and track events will be held on the shared dates for various age categories. **Please ensure that your ward is present on the scheduled date** as the students' participation in the races will be determined based on their performance in these heats.

Below are the details of the events:

Track Events:

- 100m
- 200m
- Relay (4x50m)

Field Events:

- Long Jump
- High Jump

Throwing Events: (VI-XII only)

- Shot Put
- Discus Throw

Schedule for Heats:

| Classes | Date |
|------------|------------------|
| III to V | October 4, 2024 |
| VI to VIII | October 7, 2024 |
| IX to XII | October 14, 2024 |

*Kindly note that **attendance is MANDATORY on the above dates**.* Thank you for your cooperation.

Warm regards,

Nidhi Tewari
Principal