



## **RIDGE VALLEY SCHOOL**

RVS/CIR/143(B)/2022-23

30<sup>th</sup> Nov 2022

## **CHOICE OF SPORT (CARPE DIEM)**

Dear Parents (Grades III)

Greeting!!!

The Carpe diem program running in the school provides ample opportunities to students to pursue their passion and 'Seize the Day'.

We are delighted to inform you that the school will be starting skating, lawn tennis, football and cricket coaching on the **Fitness Carpe Diem days** w.e.f. Tuesday, December 20, 2022 as per the given schedule.

Day	Choice of Sport
Tuesday	Skating/ Cricket
Wednesday	Lawn Tennis/ Football

Students can choose <u>any two</u> sports of their choice by filling in the Microsoft form shared below. Last date to submit the form is 9<sup>th</sup> December 2022.

https://forms.office.com/r/NA6gQWEqsV

PLEASE NOTE: - STUDENTS WILL HAVE TO BRING THEIR OWN EQUIPMENT FOR SKATING AND LAWN TENNIS. IT IS MANDATORY FOR ALL THE STUDENTS TO FILL THE FORM AND ATTEND THE CARPE DIEM SESSIONS.

Looking forward for more Innovation and creativity through this program.

Regards Ms. Nidhi Tewari Principal