



# **RIDGE VALLEY SCHOOL**

RVS/CIR/0120(B)/2022-23

18<sup>th</sup> Oct 2022

## **CARPE DIEM TERM II 2022-23**

Dear Parent,

Greetings!

The Carpe diem program in school is an initiative to help students to pursue their passion and 'Seize the Day'. After the successful completion of 1st Term Carpe Diem, we are glad to announce the commencement of 2nd Term Carpe Diem starting from 27<sup>th</sup> October 2022.

### **DETAILS FOR CARPEDIEM**

The school is offering the following under its program.

#### **Skill Building Activities**

- Dance
- Vocal Music
- Western Instrumental Music
- Visual Art
- Nutrition Education
- Theatre
- Digital Media

#### **Health & Fitness Activities**

- Chess
- Yoga
- Fitness
- Bhangra
- Indigenous Games

## **CARPE DIEM SCHEDULE**

### **and Link**

- The schedule will be the same as was being conducted in Term I, that is,

Every Tuesday	Skill Development Carpe Diem
Every Thursday	Health and Fitness Carpe Diem

- Please find below the link of Microsoft form to choose new carpe diem activities or to continue with the same in TERM II. Last date to submit the form is 21<sup>st</sup> October 2022

Form Link - <https://forms.office.com/r/wLpj5wXBYy>

**PLEASE NOTE: - IT IS MANDATORY FOR ALL THE STUDENTS TO FILL THE FORM AND ATTEND THE CARPE DIEM SESSIONS.**

Looking forward for more Innovation and creativity through this programme.

Regards,

Ms. Nidhi Tiwari

Principal