



# OVER THE RIDGE

## Ridge Valley School Monthly Newsletter



### Inside this issue

- Principals and Editor's Desk — 2
- Tiny Tots — 3
- Primary — 5
- Senior — 9

## From The Principal's Desk



Ms. Nidhi Tewari

Principal

Dear Ridgeans and Parents

Greeting!

The journey is never ending. There is always going to be growth, improvement, adversity; one has to take it all in and do what's right, continue to grow, continue to live in the moment. The closing of the academic session 2021-22 was better than the opening as it is said, "All is well that ends well". We welcome the new one with a hope that students will have new chances to learn new things and grow in life. A fresh start is a journey – a journey that requires a plan. We begin this academic year with new hopes and positive mindset to make it brighter chapter in the lives of students, full of knowledge and learning. We had orientation sessions to inform the parents about our plans and preparedness for the new session. We are ready to offer meals, transport and all other facilities to our students. We have included new projects in our system like Jodo Gyan, Robotics club and Raz Plus reading programme as there is no end to innovative ways of leaning. A new year gives a chance to begin new and fresh. It is an opportunity to look ahead and work harder to make it a better and a brighter future. Wishing our students lots of luck. We are all set to begin a new year at academics. Students of Grades 10th and 12th are preparing for Term 2 Board Examination. We trust and hope that they will make us proud. I thank all the parents for their constant support and helping us to take RVS to another level forward.

Warm regards  
Nidhi Tewari  
Principal  
Ridge Valley School

## From The Editor's Desk



Ridge Valley School extends warm greetings to all the readers of our monthly newsletter. The year 2021-2022 was the era of acceptance of the new normal and recalibration of expectations from a world formed anew.

This newsletter issue shows you the glimpse of the monumental strides that our school has taken and presents a beautiful mosaic of student activities and achievements.

Against the backdrop of such a difficult year, we have witnessed the resilience and sense of community grow amongst the fraternity of this school despite being connected virtually. This year has given us time to reevaluate our priorities and reminded us that in life there are no rewinds, there are just flashbacks.

This newsletter is the accumulation of all these sentiments mixed with a message of hope for the future.

So dear readers, sit back and take a moment to slow down and experience the showmanship, eloquence and wisdom of our budding ridgeans.

"You may not always have a comfortable life and you will not always be able to solve all of the world's problems at once but don't ever underestimate the importance you can have because history has shown us that courage can be contagious and hope can take on a life of its own." - Michelle Obama

Enjoy reading

# Tiny Tots

The month began with the 'Week of the Young Child' activities.

The 'Happy Artist' activity introduced the young learners of Early Years with Child Friendly- Mandala art, to think, develop skills and confidence, as they drew shapes and lines on the bumble bee and butterfly formats and coloured using 'hot' and 'cool' shades. They tried to draw in symmetry, using pattern concept to complete their art pieces with colour pencils and origami sheets.



The young chefs donned their hats and got ready in making healthy and delicious snacks like sandwiches and cupcakes. Incorporating "Tasty Tuesday" into the classroom teaching, the fun activity was thoroughly enjoyed by the young ones. Students of Nursery to Grade II used this activity to revisit food groups and their importance.



## Ridge Valley School

Ridge Valley School is a trust, run institution established by promoters of DLF Group. The school was established in 2010.

Ridge Valley is spread over 6-acres of land in a prime location of Gurugram, Haryana. It has a large open area for co-curricular and sports activities for its students. Ridge Valley has created a niche for itself for its non-profit approach to run the operations of the school. The school lovingly fosters children in a caring environment and delivering academic excellence in a warm, caring environment. Its excellent infrastructure complements the school's value of creating high quality space for curricular & co-curricular pursuits of its learners. The school has big well-lit rooms to study, a beautiful amphitheatre to encourage creative performances, big fields to run and play. The school is e-enabled with lease lines, Wi-Fi and ERP software.

## Year End Sessions

The year end sessions both on campus and online were filled with activities involving learning with fun. The young learners participated in an array of activities, as they integrated literacy, shapes, colours, art and physical activity. Simple positive affirmations along with free play inside the class and outside in the jhoola badi, made for a holistic experience in the Early Years.



The Early Years students geared up for the Pyjama Party in their special attire and danced to the beats of peppy numbers. Fun vibes were present everywhere as they bonded with peers, sang rhymes and watched short merry movies.



The orientation program for Early Years parents was held to introduce the enthusiastic parents to the curriculum and co scholastics of the school. The Principal Ms. Nidhi Tewari and the educators briefed them about the various existing and new processes. The parents happily connected with the educators and are ready to begin a new learning journey holding hands together.



# Primary

Valedictory ceremony is a much-awaited event in the life of a student of Grade V. It is a moment full of joy, a moment full of pride and accomplishment, a moment of celebration. Principal Ms Nidhi Tewari congratulated the students and recalled that it has been a journey that started with tentative steps perhaps, but one that has taken them to remarkable heights.



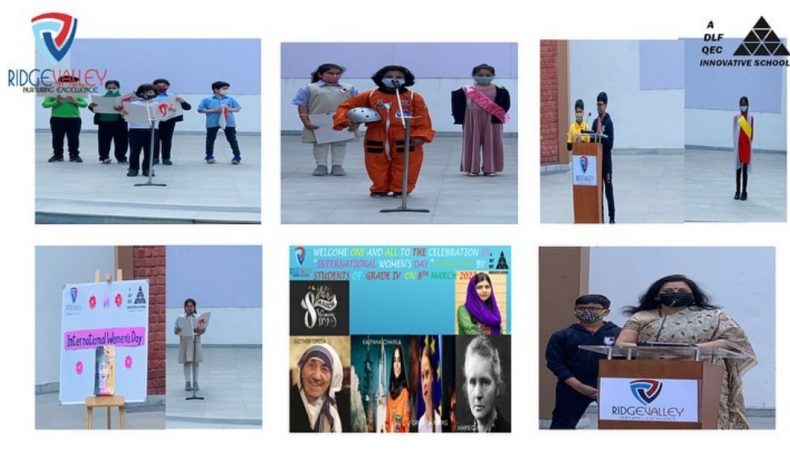
Grade III to V celebrated the Week of Skill enhancement. Young artists of primary were involved in a Colour Canvas Creation activity wherein they learnt the various techniques of art. The children made creative and beautiful drawings using oil pastels, pencil shading, crayons etc. This helped them to enhance their skills of mixing colours, creating new shades, smudging, pencil shading!



“It's not how much you do, but how much love you put into what you do that counts.”

- Mother Teresa

The students of Grade IV presented an on campus assembly on the topic- International Women's Day. This day is celebrated on 8th March around the world. It is the focal point in the movement for women's rights. The highlight of the assembly was role play of some famous Women personalities. Principal Ms Nidhi Tewari emphasized that we should respect every woman and treat them with love and care.



Students of Grades III to V were involved in Tune into Music activity as part of their skill enhancement week. Children enjoyed learning a new form of Indian Classical Vocal Music-Tarana and enjoyed singing it with their teachers.



Another activity for their Skill Enhancement Week included physical development of the students, where the students of Grades III to V were involved in various physical activities like skipping, jumping, hopping and many more along with their teachers. These skill-based activities helped the young learners enhance various skills like balancing, developing flexibility, coordination, speed etc.



Day four of Skill enhancement brought more excitement amongst the students of grades III to V as they were involved in another fun-filled activity- ‘Let’s Dance’. Children learned new forms of ‘Indian Kathak Dance’ and enjoyed dancing on Rajasthani Folk dance along with their teachers.



Fractions are used to represent parts of a whole, region, parts of set or group, and parts of measures. Students of grade III were involved in different activities to explore fractions in the real world. Children showed different fractions through their beautiful pictorial representations and by identifying them in the real world.



The students enthusiastically watched the live telecast of Pariksha Pe Charcha 2022 with Hon'ble Prime Minister Narendra Modi. The **Prime Minister of India interacted virtually through a pre recorded video with students, teachers and parents from across the country, and shared his valuable tips to take board and entrance exams in a relaxed and stress free manner.** The theme for this year's Pariksha Pe Charcha was: Global to Local: Vocal for Local. The students with all ears attended this session and were excited to write letters to the PM of India about their views on this topic.





# Senior School

Students of grades IX-XII visited National Science Centre to attend a Lecture by professor Din-bandhu Sahu who is an environmentalist and initiated a movement called “Blue Revolution”. The students also got an opportunity to see the exhibits displayed as a part of the Science Festival at the NSC.



RVS always believes in encouraging its students to showcase their creativity and leadership skills. Ishaan Chamoli and Maisha Bagchi of Grade XII took the initiative of inspiring their juniors to be the leaders and take their skills to the next level by introducing their idea of "RVS Initiative Portal".



First day of the new session began with a visit to the organic farm where the students of Grade VII observed different vegetables growing as an introduction to the topic "Nutrition in plants".



A session on inclusion was conducted for the students of Grades 8-12. The students were asked to explain what their understanding of Inclusion is, this was followed by a brief interaction on 'How at RVS we are an Inclusive Community!'.



The ability to make good observations is also essential to the development of scientific skills. Students of Grade VII observed the slide of stomata under a microscope while learning about photosynthesis.



## Special:

A Session on Rebooting K 12 education in the context of new NEP was conducted by Shri Anurag Tripathi , IRPS CBSE Secretary at RidgeValley School. The session was attended by educators from three different DLF schools. Shri Tripathi began the session with the emphasis on the purpose of life and happiness as the ultimate purpose. He stressed upon the role of educators in developing the 21st century learning skills in young learners. He also talked about the various documents which every educator should read to understand the importance of Competency based education. Overall, it was an interesting session emphasising on Bloom’s taxonomy, Dr. Maria Montessori teaching learning pedagogy, suggested reads like Totto Chan and Diwaswapna leading to an immense learning by educators and becoming self oriented.



## Brain Teaser

- a. What is easy to get into, but hard to get out of?
- b. What gets wet while it's drying?
- c. What has hands but can't clap?
- d. What can be as big as an elephant, but weighs nothing?
- e. What is the center of gravity

Answers: a. Trouble!, b. A towel!, c. clock, d. shadow, e. The letter "V"