



RIDGE VALLEY SCHOOL

RVS/CIR/012/2022-23

20th April 2022

CARPE DIEM TERM I (2022-23)

Dear Parent (Grades IV-VI),

Greetings!

The Carpe diem program in school is an initiative to help students to pursue their passion and 'Seize the Day'.

The school is offering the following activities under its Carpe Diem programme:

Category 1-Skill Building Activities

- Dance
- Vocal and Instrumental Music
- Visual Art - Drawing and Painting
- Visual Art – Art and Craft
- Nutrition Education
- Theatre
- Digital Media
- Environmental Care
- Eureka Club

Category 2-Health & Fitness Activities

- Chess
- Yoga
- Fitness
- Bhangra
- Indigenous games

The students have experienced all the different activities in their previous classes and now they have to choose one activity each from both categories for Term I.

We request you to help your child make a choice based on their interest and share the same with us by filling the form using the link below by Thursday, 21st April 2022 ,4 pm.

Link- <https://forms.office.com/r/rUJrpJcBkw>

Warm Regards
Ms. Nidhi Tewari
Principal