



# OVER THE RIDGE

## Ridge Valley School Monthly Newsletter



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### Month's Highlights

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- Martyrs Day
- Kala Udgam
- Scholarships
- Special Assemblies
- Laurels



Ms. Nidhi Tewari

Principal

## From The Principal's Desk

Dear Parents and Ridgeans

Greetings !

Oprah Winfrey once said "Cheers to a new year and another chance for us to get it right."

I wish you all a Happy New Year. In this new year, may you have a deep understanding of your true value and worth, an absolute faith in your unlimited potential, peace of mind in the midst of uncertainty, the confidence to let go when you need to, acceptance to replace your resistance, gratitude to open your heart, the strength to meet your challenges, great love to replace your fear, forgiveness and compassion for those who offend you, clear sight to see your best and true path, hope to dispel obscurity and the conviction to make your dreams come true.

We started the new year with great hope and positivity. Our teachers geared up to welcome the students after the winter break. A Seminar for teachers was organized where our Chairperson Dr. Ameeta Mulla Watal shared her views and inspired all. This was followed by a training session on happy classroom by Ms. Shweta Talwar from Mac Millan.

I am honoured to share with you that I am a part of advisory committee for designing the curriculum of digital citizenship in collaboration with CBSE and Meta. With great pride I would like to share about the achievements of our teachers. Ms. Moly Moly Suryawanshi , HOD Well Being, is a Master Trainer for life skills for adolescents program launched by CBSE. It is an effort by CBSE for adolescent mental health, very well executed training for nurturing future leaders.

Ms. Divyasmita Biyani has been elected as a Mentor by Competency Based Education (CBE) which is a scheme launched by CBSE in collaboration with British Council. Many educators all over India were inducted in the training of CBSE so that it could be launched and conducted in a smooth way.

We organised a vaccination drive at the school premises and ensured that all students aged 15 years and above take the dose, with the prior consent of their parents.

I await the opportunity to welcome our students with great joy and hope.

Warm regards

Nidhi Tewari



## From The Editor's Desk

"Creativity is as important in education as literacy and we should treat it with the same status" - Ken Robinson

Just as the mirror reflects our outer personality, our inclination towards different activities reflects our inner personality.

Here, we release the E-newsletter for the month of January, 2022. It incorporates the prolific activities conducted by the school to unleash the innate talent and skill of our students breaking down the barriers of virtual platform.

We thank our parents for their incredible support to make every endeavor a success.

We feel extremely overjoyed to share glimpses of the activities taken by our zealous students with the teachers as their sailors during the month.

So, to showcase the aptitude of our students of Ridge Valley School, we hereby present before you the E-Newsletter.

Happy Reading!

# Events



## Martyrs Day

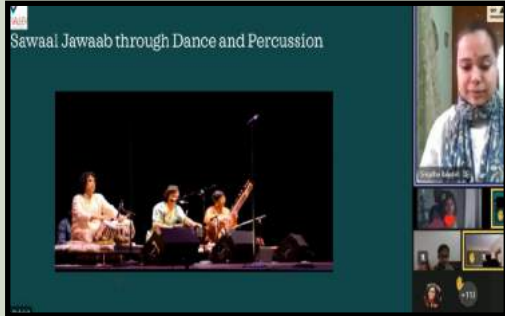
This Republic Day, martyrs who laid down their lives for the country were honoured by our Prime Minister Shri. Narinder Modi for their sacrifice. Our Chairperson Dr. Ameeta Mulla Wattal's father CAPT. (IN) M N Mulla( MVC) was among those who were honoured. The ceremony took place today at Ridge Valley School, Gurugram. The Haryana NCC division handed over the memorial plaque and conduct the programme. This was telecasted live on Doordarshan during the Republic Day programme

## Ridge Valley School

Ridge Valley School is a trust, run institution established by promoters of DLF Group. The school was established in 2010.

Ridge Valley is spread over 6-acres of land in a prime location of Gurugram, Haryana. It has a large open area for co-curricular and sports activities for its students. Ridge Valley has created a niche for itself for its non-profit approach to run the operations of the school. The school lovingly fosters children in a caring environment and delivering academic excellence in a warm, caring environment. Its excellent infrastructure complements the school's value of creating high quality space for curricular & co-curricular pursuits of its learners. The school has big well-lit rooms to study, a beautiful amphitheatre to encourage creative performances, big fields to run and play. The school is e-enabled with lease lines, Wi-Fi and ERP software.

## Mythological Character



## SST Week



## Kala Udgam

Following the vision of art and culture, RVS organized a virtual Dance workshop as a part of ongoing Kala Udgam Saptah. The workshop was a portrayal through an amalgamation of Folk dance of Telangana and different types of musical instrument



RVS culminated the Kala Udgam Week with soulful melodious singing and playing of instruments. Students of Grades Pre Nursery -II were introduced to various instruments of Western world and even compared the same with Indian Instruments.



Students of Grades Pre -Nur-VIII were involved in Puppetry workshops wherein they learnt about the different kinds of puppets and their use in the entertainment industry. [#KalaUdgam](#)



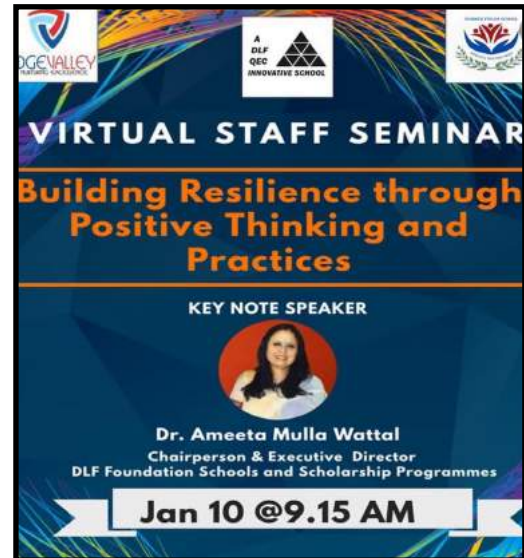
### Ek Bharat Sreshth Bharat

Grade IV Ridgeans learnt about the CBSE Project of Ek Bharat Sreshth Bharat through Indian Folk Art of Madhubani and Gong. They learnt about the Indian characteristic of Unity in Diversity and were filled with pride to be living in such a diverse yet unified country.



## Scholarships

The new year began with some positive reaffirmations by Dr. Ameeta Mulla Wattal Chairperson and Executive Director DLF Foundation Schools and Scholarship Programmes and Mr. Aryavan, who helped us with breathing exercises to get over our fears and anxiety and be calm. #



## Health Scheme

Students of Grade IX researched on the topic of Government Health Schemes and their benefits to the people of various economic conditions. Students were able to discuss on the various aspects of the



policy and integrated with Biology. It was a class filled with healthy debates, knowledgeable discussions, and

# Tiny Tots Corner

## Public Speaking

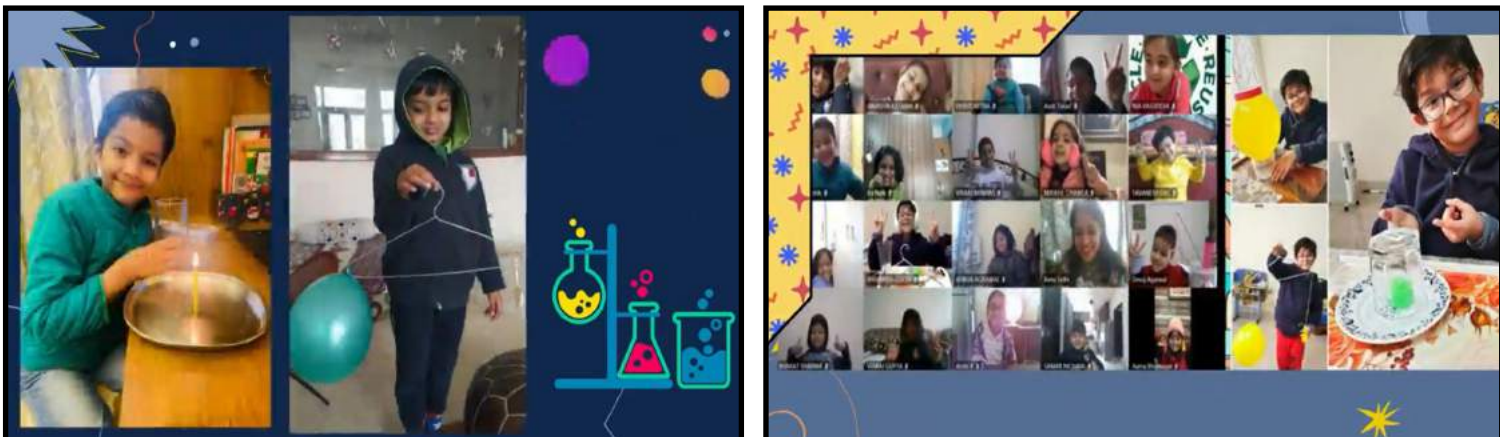
Our little ones enjoyed listening to the Happy new year story. They learnt new vocabulary words and tried to narrate the story in their own words. They discussed their new year plans with their friends. The children enjoyed listening to the letter stories. The children came up with the new vocabulary words starting from a particular letter and did free hand drawings of the same. They enjoyed playing scavenger hunt game.



*“The greatest thing in life is to keep your mind young.” - Henry Ford*

## Budding Scientists

We at RVS believe that Experiential Learning is the best way to grow and learn! Science is an important foundation of early years education. The budding scientists of Grade I had a gripping session in which several science experiments like- air has weight, air is used for burning and air occupies space were conducted by the educators and the students. The ‘learning by doing’ and experiential approach to visually stimulate their minds was the perfect impetus to increase their affinity towards the subject. The children thoroughly enjoyed the session.



## Literacy

The Early Years were busy with activities that helped them know better about the things around. They described pictures in simple sentences even as the cvc and sight words got reinforced. Story time with props enhanced imagination and expression with craft taking them to different places. Hindi akshars became more interesting through puzzles. Numbers got quantified with bindis and fun facts helped to connect with water. It was indeed fun knowing more!



## UOW

The children enjoyed making craft related to the Lohri festival with full zeal and enthusiasm. They were able to understand the value of the harvest festival of India, Lohri. The children shared their prior knowledge about the outer world, greetings, food, clothes etc

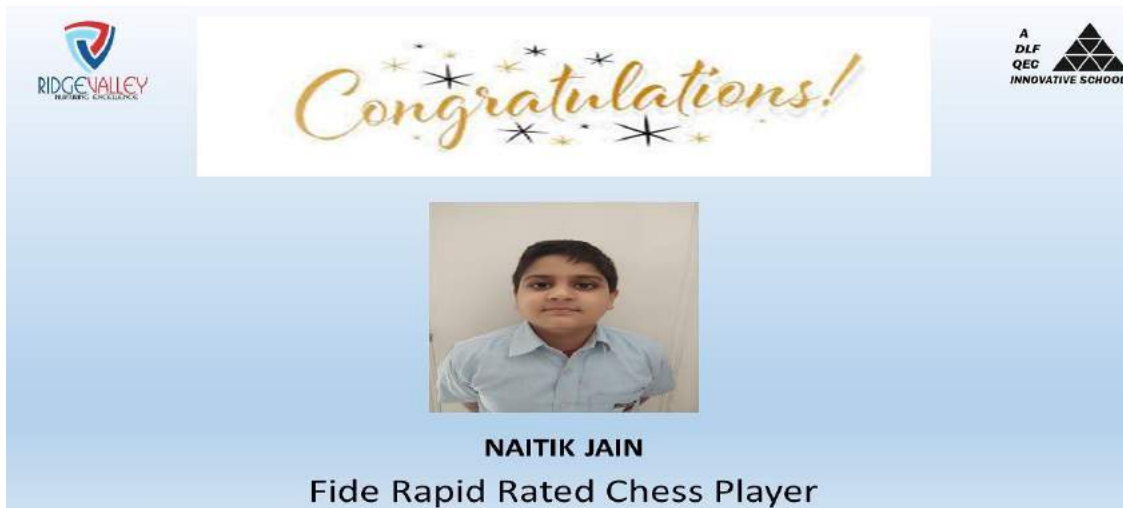




# Laurels

## Chess!

Naitik Jain of Grade IV B has made us all proud by participating in Fide Rated Chess Competition at Udaipur in Dec 2021 and achieving the Fide Rapid Rating. Keep shining, Naitik!! Congratulations.



## Brain Teaser

- What is easy to get into, but hard to get out of?
- What gets wet while it's drying?
- What has hands but can't clap?
- What can be as big as an elephant, but weighs nothing?
- What is the center of gravity

Answers: a. Trouble!, b. A towel, c. clock, d. Shadow, e. The letter "V"