

December 2021
Volume 1, Issue 7



OVER THE RIDGE

Ridge Valley School Monthly Newsletter



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From The Principal's Desk

Dear Parents and Ridgeans
New year Greetings!



Ms. Nidhi Tewari

Principal

December is the most wonderful time of the year. "Chill December brings the sleet, Blazing fire, and Christmas treat." We at Ridge Valley had lot of activities to celebrate the season, and at the same time not forgetting the importance of sensitising our students about joy of giving. Being "a cheerful giver" rules out the feeling of being obligated to give a specific item to a specific person at a specific time God expects us to give of our earnings. He values the motive behind our giving more than the amount for God loves a cheerful giver. Students and teachers of Ridge Valley cheerfully contributed and shared gifts which were forwarded to a non-profit organisation- Goonj. Our teachers had a special performance recorded for our students, they sang the Christmas carols cheerfully and danced on the tune.

Christmas Fun was organised on 24th December 2021. We had special online assembly followed by fun activities, signaling the end of the year and heralding the New Year. The students were invited to school to have some real fun. The biggest attraction of the evening was 'Jam Session', an opportunity for students to show off their dancing skills. It was the perfect way to end the year. And now we welcome the new year, full of things that have never been.

I am honoured to share with you that Ridge Valley got awarded as one of the Top schools of India Ranking 2021. Also, I have been conferred Shiksha Padam Samman by The All India Principals Association (AIPA) in Dharamshala. Thank you for your constant support and trust.
Stay safe and healthy!

Your Principal
Nidhi Tewari

From The Editor's Desk

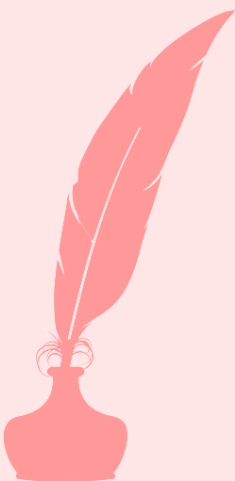
Dear Readers,

If we had no winter, the spring would not be so pleasant: if we did not sometimes taste of adversity, prosperity would not be so welcome.

"For last year's words belong to last year's language
And next year's words await another voice."

It is time to bid goodbye to another year. And this year has been particularly hard on everyone, across the world, across all age groups. Yet as is rightly said, "Every end leads to a new beginning." And so it will be, with the New Year being ushered in, though more subdued than the previous years. Every new year offers us an opportunity to begin anew and move ahead and another chance for us to get it right, with a resolve to keep the setbacks of the year gone by behind us. At RVS, it has been the single-minded focus to ensure that the learning experience remains as unaffected as possible for our learners during the pandemic. Our school was one of the first to adapt to the online mode of learning and launch progressive initiatives and innovative strategies to bridge the gap through virtual PTMs and Picnics and Class Presentations, Fitness and Yoga sessions, Class Assemblies and various competitions and events. Our IT team and all the teachers and every member of the school staff have been working extremely hard to offer the best learning experience for all our children to keep them engaged productively while learning from home. And it gives us great pride to see our students shining and winning accolades in both scholastic as well as co-scholastic spheres even during the online and hybrid mode of learning. This year has taught us many invaluable lessons. It has taught us to be grateful, for the little blessings in our lives. It has helped us to rekindle the reserves of resilience within us during the chaos and uncertainty of the pandemic. It has taught us to share and care and reach out to the needy. Let us keep this spirit alive in the coming year and offer solace and comfort as much as we can to those in need. We hope and pray that the coming year shall bring good tidings in everyone's lives and bless us all with good health and happiness!

Happy Reading!



Events

Christmas Celebrations at RVS- “Joy of Giving”

The 'joy of giving' message came across beautifully in the virtual assembly celebrating Christmas. The presenters spoke confidently, describing the essence of the festive season and were ably supported by the talented Ridgians who talked, sang, danced and performed a skit to give a well rounded meaning to the Christmas spirit which highlights the birth of Christ along with the joy that Santa Claus spreads. The audience was treated to a happy vision of Santa and the elves gleefully singing in the School porch. Sharing the good wishes from the Chairperson, Ms. Ameeta Mulla Wattal, Principal Ms. Nidhi Tewari also described this month as one of giving, of selflessness and sacrifice. She stressed that random acts of kindness while touching others, also aid our emotional and mental well-being. She urged the students to be grateful for all that they have and to come together to make lives of the less fortunate a little brighter.

The joy of the season was carried forward from virtual to actual as happy students then visited School for some fun, dance and play in the School grounds.



Stay Smart online (III-V)

Students of Grades III-V interacted with their ICT Educator on various smart rules to stay safe online. They learnt a few Internet Safety tips and ways to protect personal information. They analysed on how to make good, smart passwords and were taught on Cyberbullying. They were given tips to download the right material and content from the internet and how to judge a trustful site.

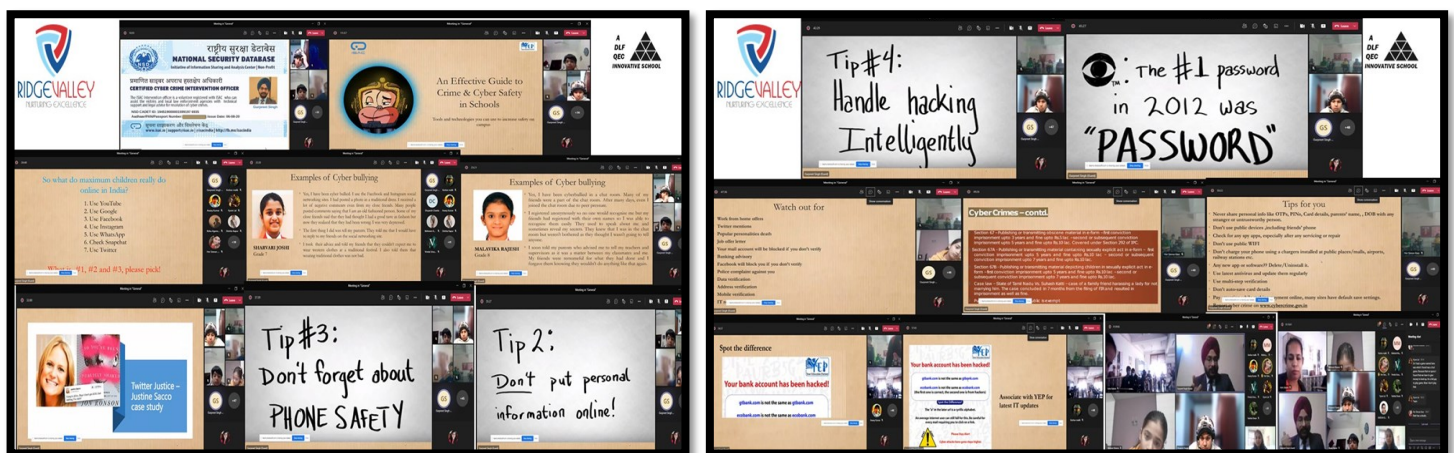
Being in a virtual era we have a responsibility towards our future, aware citizens.



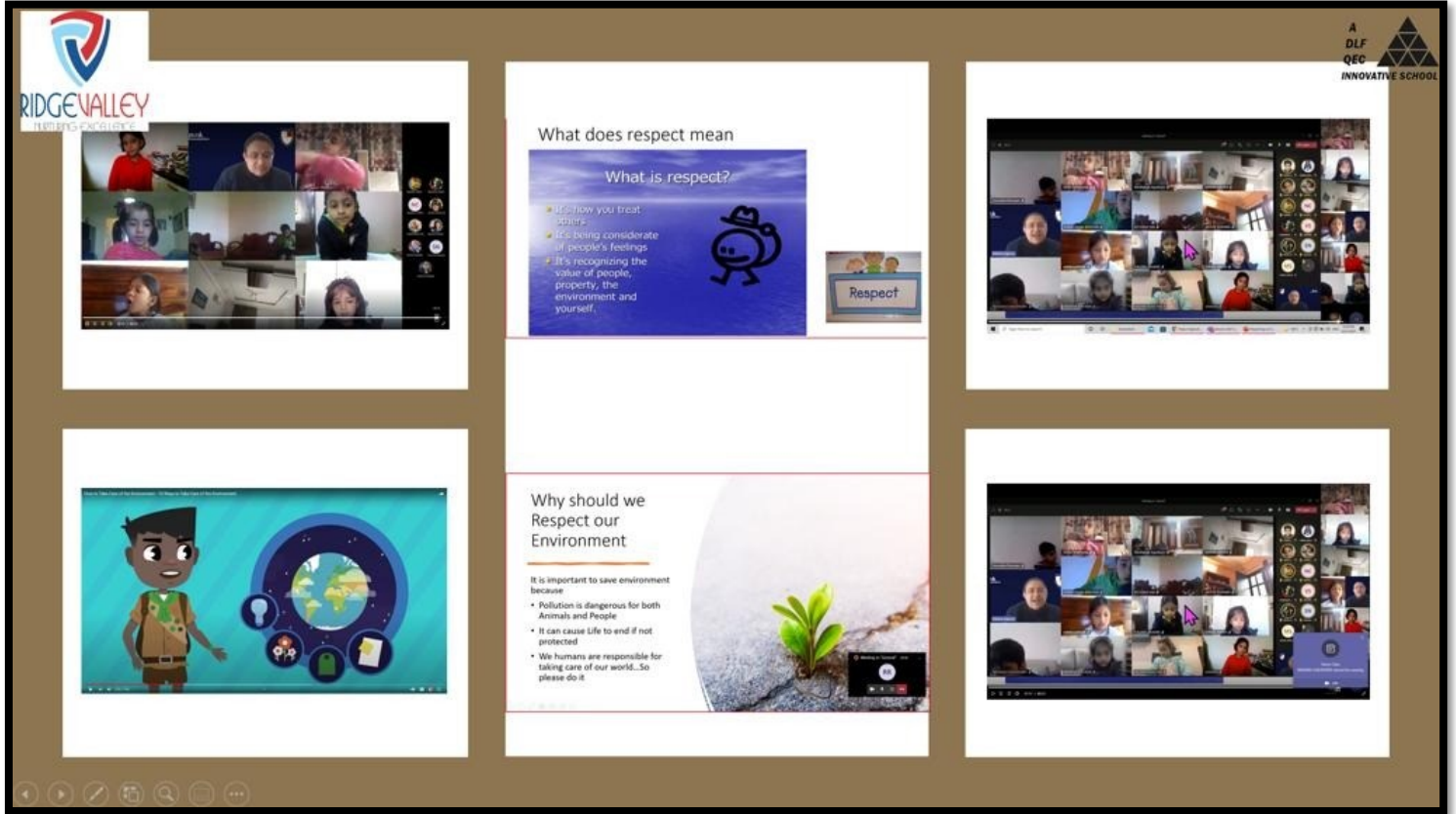
Stay Smart Online (VI- VIII)

Ridge Valley School believes in the holistic development of its students. Students of Grades VI-VIII interacted with Mr. Gurpreet Singh who is a Cyber Crime Intervention Officer.

Mr. Singh had given a lot of tips to our students on how to be safe in the Cyber World. He showed the Good, Bad and Ugly of the virtual platforms and various online games. Students were also notified on the different social media handles and how they should be sharing their information for their own safety. The morning was filled with numerous queries and interactions.



Well Being Workshop - "Happy Earth, Happy We!"

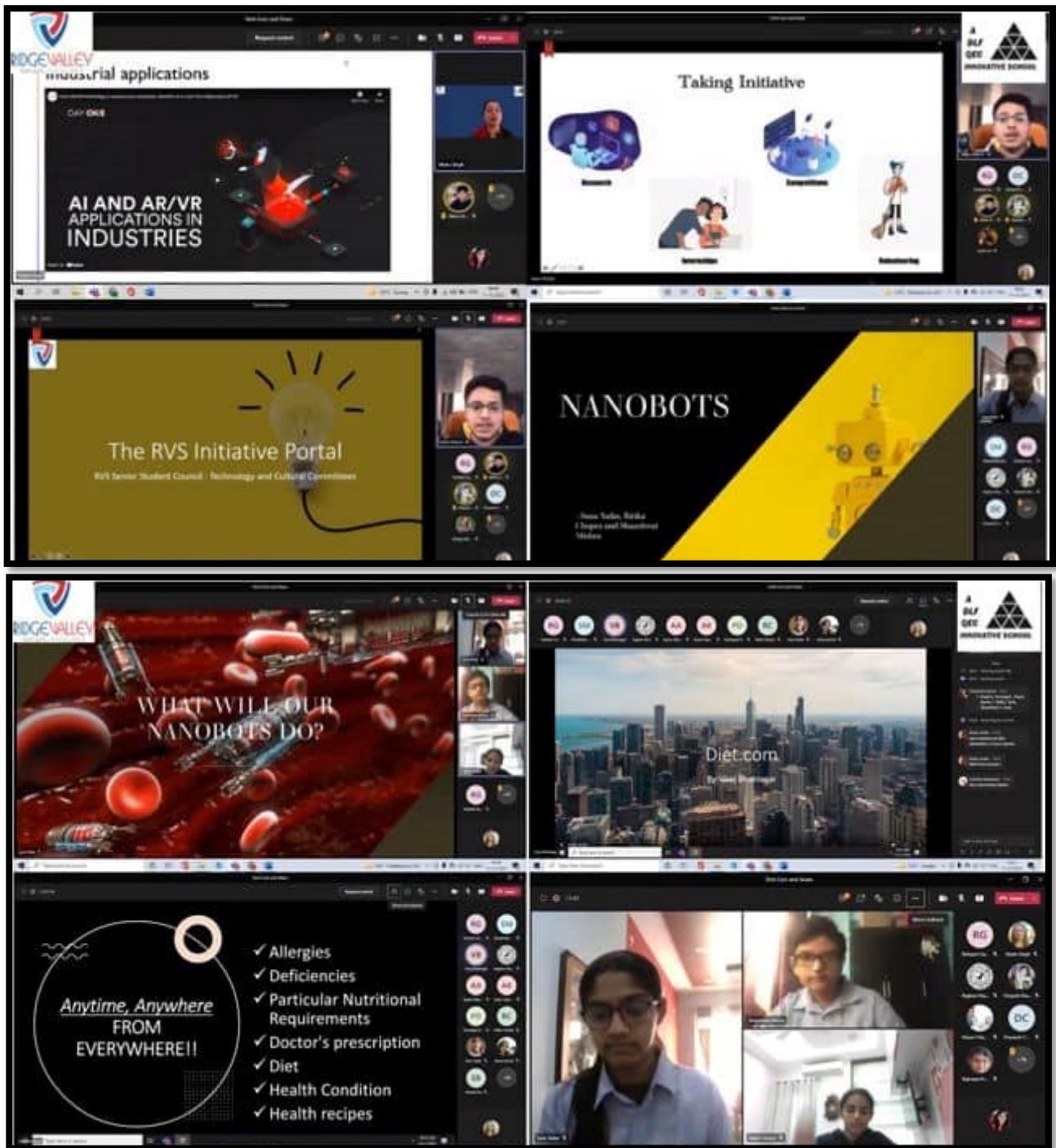


“The Earth is what we all have in common.” and keeping this in mind, the young minds absorbed the need of the hour which is to respect and care for Nature. Our well being is very much connected with the well being of the Earth was discussed and the art activity reflected the same with trees making for a 'Happy Earth' and in turn 'Happy We'!

“Believe in yourself and all that you are. Know that there is something inside you that is greater than any obstacle.” — Christian D. Larson

Tech Share and Care 2021

On December 11th, 2021, students of Grade VI-VIII were part of Tech: Care and Share Session. It was an enlightening discussion on AI, AR and VR where students of Grade IX shared how technology can be a boon in healthcare system. Ishaan Chamoli of Grade XI shared his idea of bringing creativity of students together digitally.



Language Week- Exploring Culture Worldwide

How you wonder where you are (Grade IV-VI)

Showing flags of different countries and children have to guess which country's flag and have to guess which language is spoken in that country.

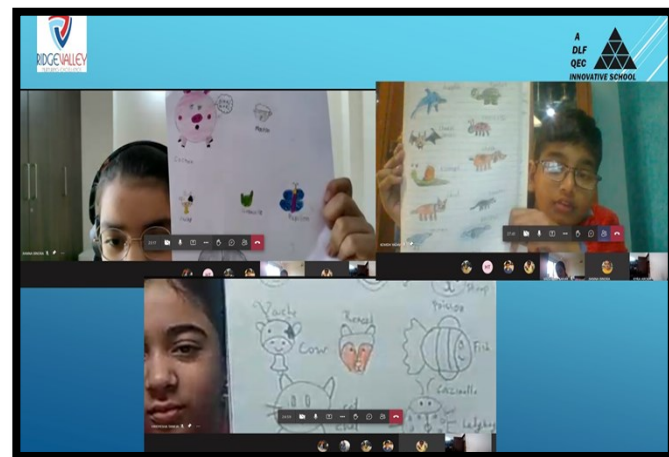
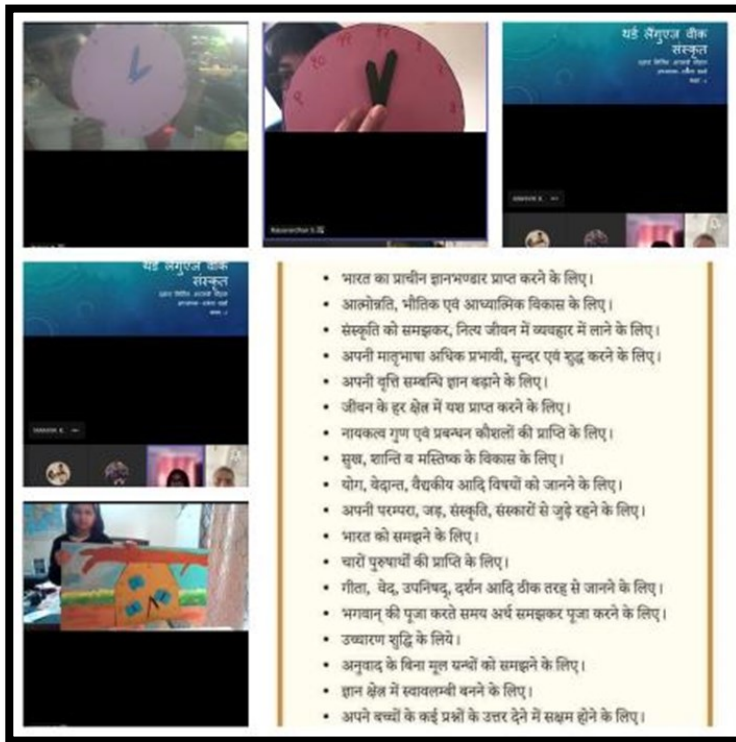
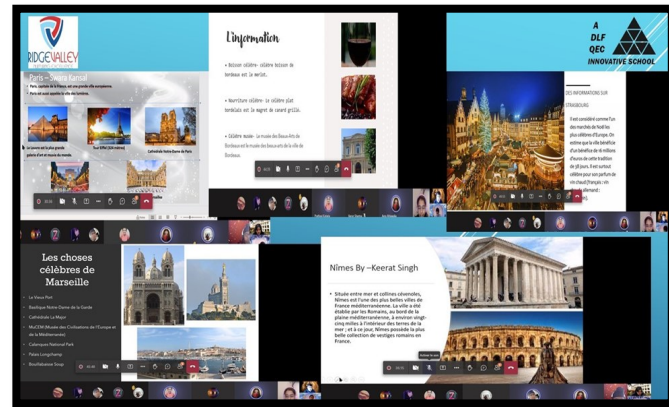
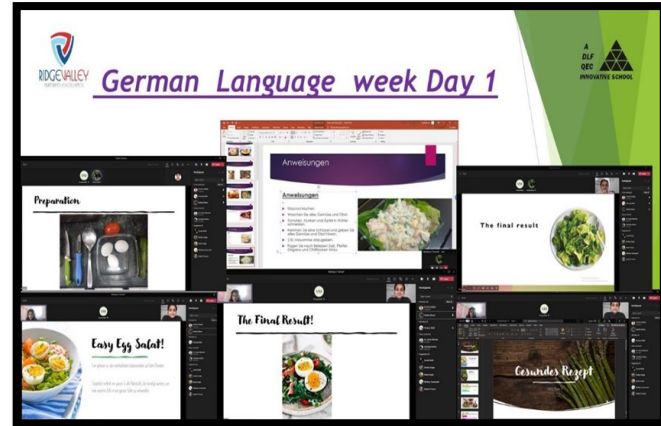
World of languages (Grade VI-X)

"Speak a new language so that the world will be a new world." An activity was conducted .

An activity based on the important facts about India, Spain, Germany, France and Latin American countries. A quiz was conducted displaying the famous monuments, writers, festival, dishes from all these countries and images were shown to the students. A quiz based on the famous Hindi writers and on shlokas was also conducted where students actively displayed their understanding of shlokas.

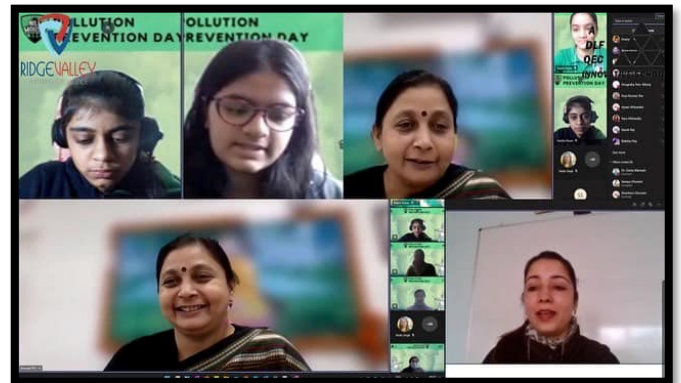
Power point presentation on culture (Grade VII-X)

Students have made presentations on their famous cities, festivals, recipes, authors and enthusiastically shared their perspective on various topics related to culture. Students prepared their favorite dish and wrote its recipe, famous work of Spanish and Latin Ameri-

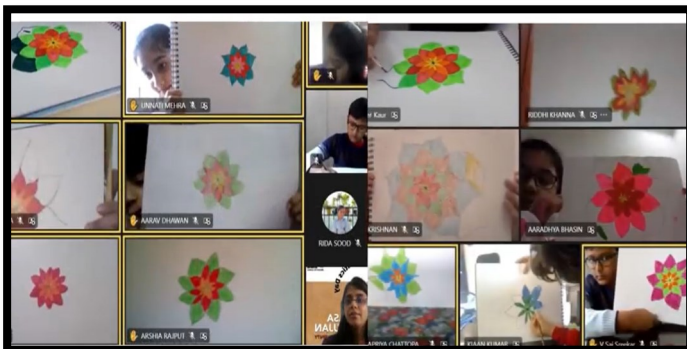


Special Assembly on 'Pollution Prevention Day'

Nile House students started the special assembly with a prayer followed by the thought of the day and news desk. After that, a nukkad Natak was presented awarding us about pollution and its causes. A presentation was also prepared and shown to explain us about the type of pollution and their cause it also explained how we can keep pollution in check and prevent it. While the presentation and nuked Natak were being held a student from grade 11 Sakshi Maurya made a live and beautiful painting on the topic pollution prevention.



Ramanujan Day- National Mathematics Day



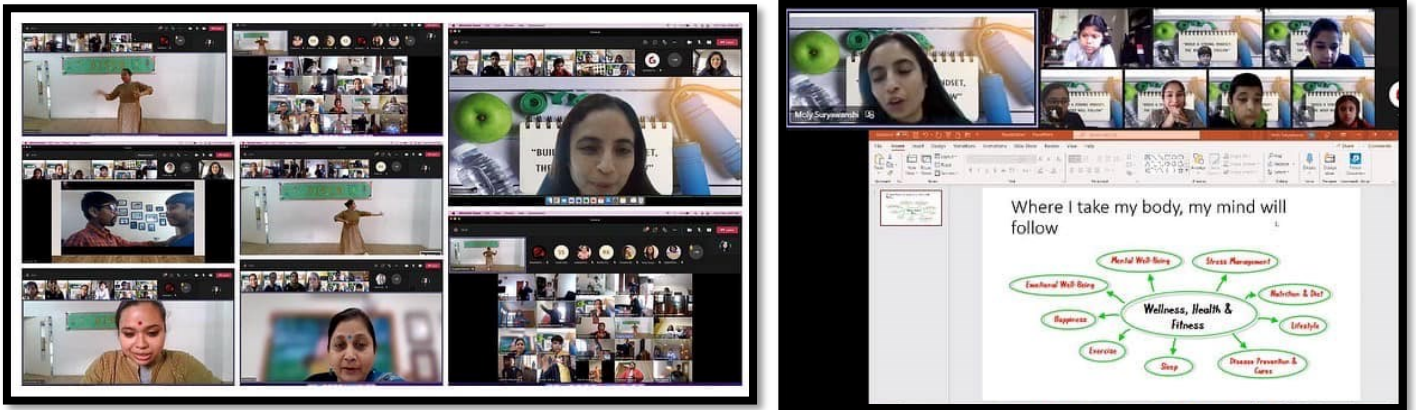
The National Mathematics Day is dedicated to Srinivasa Ramanujan, a legendary Indian mathematician. It is celebrated on 22nd December on the birth anniversary of Srinivasa Ramanujan. The National Mathematician Day celebrates and commemorates the contribution of genius Indian mathematician Ramanujan.

RVS celebrated National Mathematics Day with Grade IV students making Mandala shape patterns. Mandalas generally have one identifiable center point, from which emanates an array of symbols, shapes and forms. Mandalas can contain both geometric and organic forms.

Special Assembly on “Fitness”

The theme-“Fitness” was presented by students of IV A through a skit which depicted how mental fitness leads to physical fitness and thus brings positive change in our lives.

Principal ma’am, Mrs. Nidhi Tewari congratulated the students for their wonderful presentation.



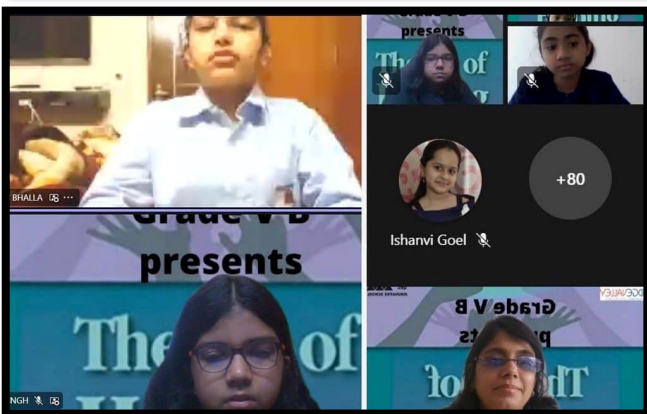
Special Assembly— “The Art of Helping”



In helping others we shall help ourselves.’

The above thought set the tone for today’s assembly for Grades III to V. Grade V-B children presented the assembly on the topic - The Art of Helping.

Principal Ms Nidhi Tewari appreciated the assembly and emphasized the importance of helping others without expectation.



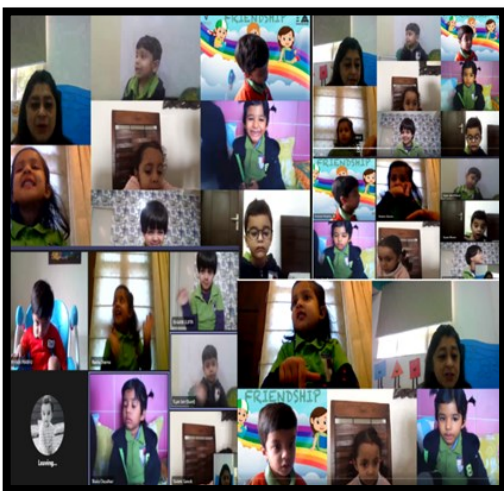
Tiny Tots Corner

Pre Nursery

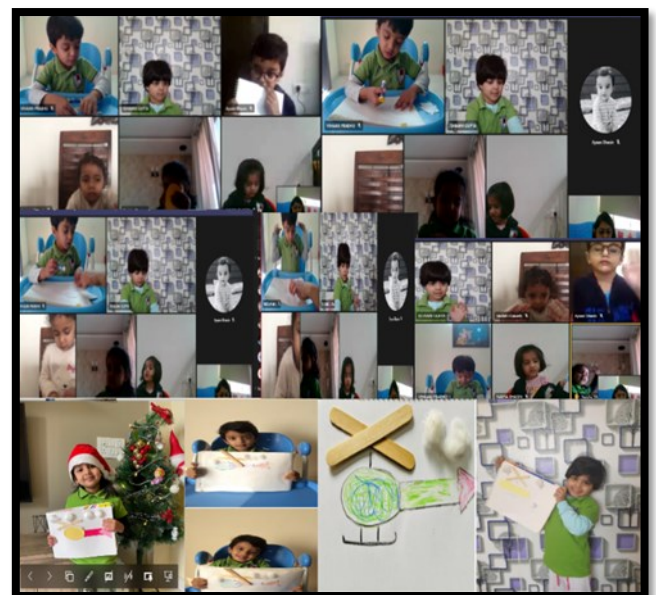
Literacy: Our little ones recapitulated the letter stories done before with full enthusiasm. They narrated the same in their own words. The children came up with the new vocabulary words starting from a particular letter and did free hand drawings of the same. They enjoyed playing scavenger hunt game.



UOW- The children enjoyed learning modes of transport. They did craftwork and various other activities related to the same. The children took part in the Rhyme recitation activity in which they showcased their favourite means of transport .



Numeracy: Our tiny tots did a recapitulation of numbers and did the craft as well. They made a swan using number 2. They integrated it with uow, means of transport by pasting 2 pictures each of air, land and water transport .



Assembly- The little ones showcased their talent by presenting their beautiful assembly on Friendship with full zeal and enthusiasm.

Nursery

Literacy and Phonics: The tiny tots of grade nursery were excited as they recalled the letters sounds and the formation through quiz, games and presentations .



Numeracy: Practice makes perfect' was seen when Nursery students got busy in a fun activity to revise the numbers 1 to 9 as they randomly picked up number cards and used kidney beans to quantify the number displayed along with this child learnt about Backward counting.

UOW: Children learnt about different seasons through quiz and riddle activity. They also learned the difference between season and weather. During Eco club Nursery children have raised the issue of Air pollution. They learnt how plants are helpful to control air pollution. Children brainstormed different modes of transport and played related quizzes to get more clarity of the concept.



Kindergarten

Literacy: The Kindergarteners had fun as they learnt about blends and picked up new words along the way. Their Padlet Wall was itself a beautiful blend of pictures that showed how young minds fly on the wings of imagination!



हिंदी: एक नया हिंदी अक्षर सीखना इतना मजेदार था कि नन्हे बच्चों ने अक्षर से शुरुआत करने वाली चीजों को खोजने के लिए पूरे घर को खोजा । उन्होंने इस अवधारणा को मजबूत करने के लिए गाया और नृत्य किया और ' वर्ड आर्ट ' के माध्यम से अपनी रचनात्मकता को प्रतिबिंबित किया ।



Numeracy: The Kindergarteners learnt about cones and cylinders, observing these 3D shapes in things they see around. They formed them with clay dough and matchsticks while understanding about side, surface and vertices, and were amused to make a funny bunny with a paper roll and a party hat!

UOW: 'Be active with a healthy diet' was the learning for the young Kindergarteners as they sorted food based on the nutrients and made a poster to understand better about portions of food they should 'eat well to live well'!



Eco Club Activity – SDG 2 – Zero Hunger

"Be a part of the Solution, not part of the Pollution" was a thought absorbed by the impressionable minds of Early Years. As part of the Eco Club activities that sensitise the students to their environment, a few of the SDGs were discussed through stories, quiz and presentations. The Kindergarteners connected with the need for zero hunger and not wasting food by rustling up a yummy recipe using leftovers.



Grade I

English: The students in Grade 1 enjoyed doing a task on 'Adjectives' by collaborating with their friends in the Breakout Room and collectively discussing, describing and framing sentences to the given picture.



Ridgeans in Grade 1 were excited to hear the story 'The Naughty Monkey'. Post that, students creatively drew a monkey and prepared a Mind map of the main Character in their art file.

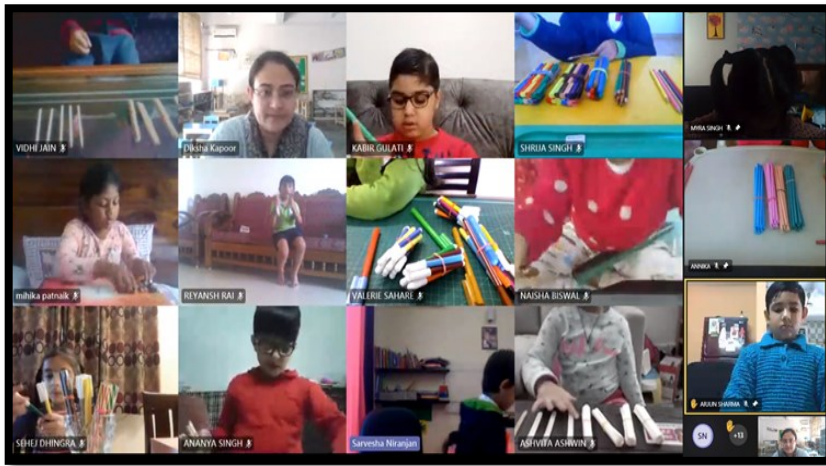
हिंदी: 'दो मोज़े'- कक्षा 1 के छात्र-छात्राओं ने स्वर औ और उसकी मात्रा से संबन्धित गतिविधि की जिसमें सभी विध्यार्थियों ने अपनी पसंद के 'दो मोज़े' बनाए। उन्होने उन मोज़ों को बहुत सुंदर तरीके से सजाया और क्रिसमस को दर्शाया।



Math:

Speed Math : Students revised the mathematical concept of 'Counting of Numbers and Number names up to 30' and attempted a Speed Math worksheet in their notebooks

CW: Speed Math	Date:
Draw a line between the number to its word.	
2	twenty-one
12	thirty
22	eleven
27	fifteen
15	twenty-four
11	twelve
21	twenty-two
30	twenty-seven
29	two
24	twenty-nine



Bundling Activity: Ridgeans in Grade 1 enjoyed displaying numbers up to 70 using the Bundling technique. They used toothpicks/matchsticks/crayons/pencils/blocks to show numbers and answer questions orally on the Tens and Ones.

National Mathematics Day: Srinivasa Ramanujan once said, "Mathematics is not about numbers, equations, computations, or algorithms. It's about understanding."

On the occasion National Mathematics Day, students in Grades 1-3 celebrated the birthday of Indian Mathematical Genius Mr. Srinivasa Ramanujan. They had an opportunity to learn and appreciate his contributions to the field of mathematics. Through vertical integration Grade 3 student spoke about the 'Pride of India' and his work on number series and analysis done. Students were thrilled to know that he also won the prestigious award of the Fellow of the Royal Society. At the end of the session, Ridgeans danced with their teachers on a song based on building patterns with their body parts and movement.



UOW: From little seeds grow mighty trees” - AD. Hepburn

Working with seeds and leaves can teach your students about much more than capillary action, germination, and photosynthesis. It can provide valuable lessons in caring for living things, collecting data, and using the scientific method. Teaching children about how plants work is often a simple a matter of building on their natural curiosity. Hands on learning is always fun, engaging and gives students the opportunity to self-correct, students of Grade 1 enthusiastically participated in an activity on Plants wherein they used clay to make the parts of the plants like roots, stem, leaves, flowers and fruits.



Show and Tell:

Show and Tell on Weather

Talk show activity was conducted in which children enthusiastically talked about their favorite ‘Weather.’ They spoke confidently about sunny, snowy, windy, cloudy rainy weather. They shared an amazing fact about the various kinds of weather with the help of stick puppets.



Laurels

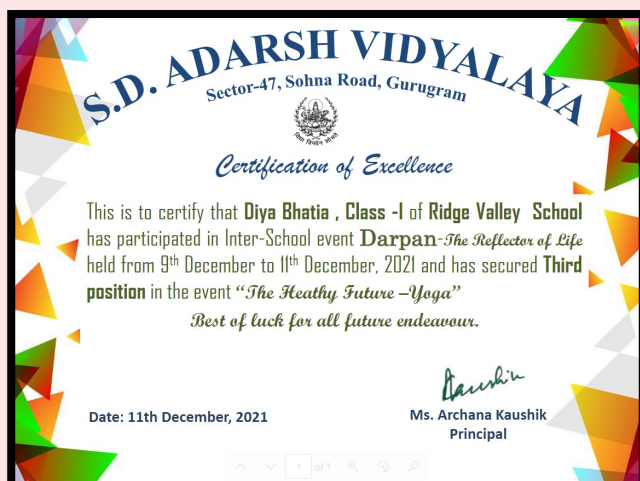
प्रतिबिंब - मेरी पहचान

Samaira Deniel of Grade IV-B secured 1st Position in Miniature craft in Inter School event organized by Rao Lal Singh Public School , under the Aegis of GPSC 2021.



The Healthy Future- Yoga

Diya Bhatia of Grade I-B secured 3rd Position in the event “The Healthy Future– Yoga’ in an Inter School event organized by SD Adarsh Vidyalaya.



Laurels

DELHI YOUTH LEAGUE WINNER

Monu Yadav of Grade VIII participated in in Delhi Youth League Competition and their team won the championship.



International Karate Tournament

Sheena Ray of grade IX begged the 3rd prize and won Bronze medal in her weight category of 47kg in 16th ISKU International Karate Cup– 2021.



Laurels

Inspire awards- Manak

Rishaan Sahgal of Grade VII and Ritika Chopra of Grade IX have been selected to participate in District Level Exhibition by Manak Inspire Awards - one of the flagship programmes of Department of Science and Technology, Government of India. They are also rewarded with Rs 10000 each.



64th National Shooting Championship

Aadhya has qualified for 64th National Shooting Championship competition, Indian Trials and has won Silver medal in District SGFI (School Games Federation of India) Shooting Championship 2021-2022.



36th National Taekwondo Championship

Rudra Pratap Singh Jhala from KG A bagged Silver medal in the 36th National Taekwondo Championship 2021 organized in Mohali from 24th December to 26th December 2021



Laurels

32nd DELHI STATE ITF TAEKWON-DO CHAMPIONSHIP

Aadvait Panday of Grade VII and Sanvi Pandey of Grade V participated in 32nd Delhi state ITF Taekwondo Championship organized at Laxaman Public School, Hauz Khas, new delhi on 25th and 26th December 2021. They both secured 2nd positions along with silver medals under the categories of 10-13 Years and below 10 years respectively.



NATIONAL RANKING AIAT (CS-7) CHAMPIONSHIP

Shashwat Guha Thakurta of Grade 11 won the Boys Under-18 doubles trophy in the AITA (All India Tennis Association) CS (Championship Series) - 7 tennis tournament organised by MM Public School, Pitampura, Delhi from 6-12-2021 to 10-12-2021. He also reached the semi-final in the boys Under-18 singles category.



Brain Teaser

- You can see me increase but I will never decrease, who am I?
- I run and I fly but I don't stop. Guess who I am?
- I am yours and you need me very much. But you let people use me more often than you do. Guess who I am?
- Light is my life, I exist only when there is light. But light has the might to kill me right away. Can you guess who I am?

Answers: a.Age, b.Time, c.Name, d.Shadow.