

Ms. Nidhi Tewari

Principal

From The Principal's Desk

Dear Parents and Ridgeans Greetings

Alexander Smith once said, "In the entire circle of the year there are no days so delightful as those of a fine October." I am happy to share with you all that our Golf Academy is now functional and incorporates top quality instruction in the most dynamic learning environments. Ridge Valley School is the only school in Gurugram with a functional Golf academy. In Golf your decisions, thoughts, images, and feelings set up each swing. Mental training helps players develop key mental skills to compliment the mechanics or physical aspects of their game. What most people do not know is that mental training isn't just for players who have challenges with their game, but also for players who want to improve their overall performance. It is a moment of immense pride and celebration for all at Ridge Valley School as we share with you the 'Commendable Achievement' of Ishaan Chamoli of Grade XI, whose innovative ideas have been recognized and appreciated at the Global Level. Ishaan, recently participated in AI Enthusiast challenge and submitted his brilliant idea about helping "Refugee Relocation through AI Mapping", has been selected as global top 10 and India's number 1 idea (Under 13 -18 Years age category) at Global level AI Global Impact festival organized by Intel. The credit goes to our teachers who work hard and put in their honest efforts into shaping the minds of young children, provide guidance and often the required push to propel them towards their

Amidst the countless schools claiming overall excellence, it's vital that we break the mould and define what makes our institution stand out. We organised a Fun Fiesta at Cyber Hub which was a huge success. It involved our little children and gave them a chance to showcase their talents, enjoy various activities and have FUN. Students, teachers, and parents who scout for the best schools do not choose with their eyes, but they choose with their hearts. So, if we can penetrate through that with proven unparalleled excellence, we will be considered as one of the revered educational institutions in history.

Grade 10 and 12 students are gearing up for the board exams to be held in the month of November. I wish them all the luck.

Thank you. Warm regards Nidhi Tewari Principal



From The Editor's Desk

Oscar Wilde truly said, "The best way to make children good is to make them happy." And what would have been better than organizing the much awaited Fun Fiesta for the students of RVS. It was a joyous reflection of pleasure and elation, which was held at Cyber Hub, Gurugram on 9 October 2021. The air of this camp was filled with delectation and electrification as the little ones in the amphitheater were exuberant and glad to spend an evening with their friends and teachers. There was an air of excitement, happiness, and contentment. The motto of this event was to fabricate a spirit of scintillating fervor brimming with compassion, zeal, appreciation, and sociability towards their buddies. Therefore, the ecstatic, gratified, contented and lovely faces had lifetime memories to remember forever.

October' Newsletter serves as a forum for the expression of the literary and artistic skills of the students, besides highlighting the forays made by the school in international exchange programs, school celebrations, the various competitions that the students participated in, the awards won by the students, the work done by various clubs, to name a few.

Happy Reading!

Events

English Week—"Learning By Doing"

Inter House Debate Competition (6-12)

"In all debates, let truth be thy aim, not victory, or an unjust interest." An inter House Debate competition was organised by the English department where students from Grades 6-12 participated and we witnessed our children's achievements and many brilliant performances. Our students have brilliant qualities and talents to show. The aim of the competition was to sharpen the intellect and verbal skills of students.

Talk Show and Design a book cover (6-9)

William Shakespeare is the most famous and influential author in English literature. Students were told about his life and some of his writings. They were encouraged to illustrate a book cover for any one book of Shakespeare they've read.

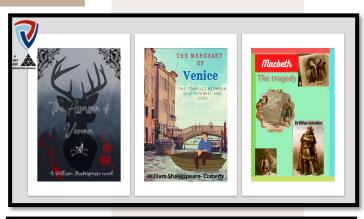
Make a puppet (6-9)

Creativity is intelligence having fun. Students of Grades 6- 9 were engaged in making puppets of Shakespeare's characters and were encouraged to speak few dialogues. It was a fun filled session where Shakespeare's characters became alive.

Poetic edge (7-9)

"Poetry is an echo asking a shadow to dance."

Some interesting work of great poets were shared with the students from Grades 6-9. They were encouraged to create their own poem. The class was filled with idyllic poets.



















Gandhi Jayanti

Gandhi Jayanti is celebrated by the nation to commemorate the birth anniversary of the Father of our nation, Mahatma Gandhi. RVS also took it upon itself to pay homage to this noble soul at a special assembly on 1st October 2021.

The highlight of the assembly were anecdotes from Gandhiji's life as a skit by the students at middle school. The skit depicted our freedom struggle and the role Gandhiji played to help us achieve our prized freedom. This was, particularly, useful for our young audience who are only slowly becoming aware of the acute hardships our forefathers faced as they struggled to free our motherland. The exercise gave the children an insight into the life and times of Gandhiji and encouraged them to think about the values of sacrifice and freedom.

The play began with the choir singing Gandhiji's favourite devotional song, 'Raghupati Raghav Raja Ram'. Following this, the children enacted a few important incidents from his life such as the work done by him for Indians in South Africa, the Swadeshi and Quit India Movements, etc. The young audience was also told about the Dandi March, about the drive to motivate people to only wear homespun cotton clothes, and about Bapu's belief that one must lead a simple but noble life.



GAME OF BRAINS@RVS

Shatranj or Chess, as the modern version has been christened; is an ancient game that is a battle of wits and valor. Do you have it in you to protect your kingdom from the ruthless attack of the enemy? RVS, Gurugram hosted the most-awaited SHATRANJ competition 21-22 where children aged between 6 to 16 could showcase their chess prowess and emerge as the King or Queen of their recently acquired chequered realm. RVS is always proud of such associations and affiliations that help students test their skills and attain recognition.

We had many participants coming in from Haryana, UP, Delhi, Andhra Pradesh, Uttarakhand, Rajasthan, West Bengal, Maharashtra, Tamil Nadu, Punjab, Telangana, Karnataka.

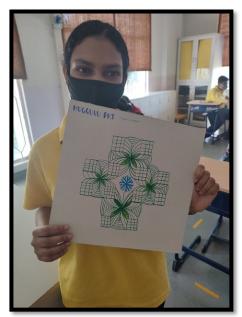
There were 500 students participating and competing with each other to claim the Rank 1 position under 3 categories -U-09, U-13 and U-17.

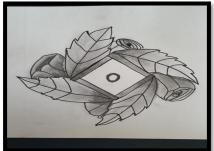
Our Principal, Ms. Nidhi Tewari declared the meet open and wished all the children to play their best with focus and attention. The Chief Guest, Mr. Narendra Sharma-Secretory Haryana Chess Association congratulated the school in hosting the tournament successfully for three consecutive years and to promote the game amongst the community.

"Unlike other games in which lucre is the end and aim, [chess] recommends itself to the wise by the fact that its mimic battles are fought for no prize but honor. It is eminently and emphatically the philosopher's game." – Paul Morphy

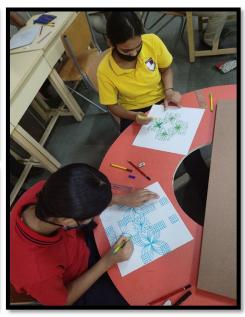
Mugullu or Kolam Art

Students of Grades IV-VII were involved in Mugullu Art Workshop and Activity is a form of traditional decorative art that is drawn by using rice flour as per age-old conventions. Kolams or muggulu are thought to bring prosperity to homes. In millions of households in Telangana women draw kolams in front of their home entrance every day at the break of dawn. These are geometrical figures and each lines are connected with each other using dots. The students thoroughly enjoyed the activity.









Life Skills—First Aid Session

An interactive session was organized by the school nurse, Ms. Jyoti, to familiarize the students of Grade X and XII, about the basics of first aid. The session included talks about burns, fractures, and first response to someone who has fainted. The main objective was to familiarize the students and staff to the different ways of providing first aid in different cases of accidents and illnesses. The main objective of first aid session was to apprise the students that first aid means not to cure, but to ensure safety until the patient or affected person accesses specialised treatment. It is the initial assistance or care of a suddenly sick or injured person.



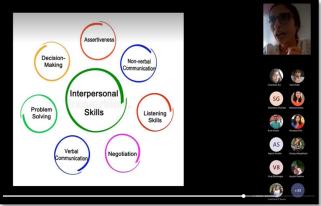


Well Being Workshop-Communication & Interpersonal Skills

A Well Being Session was conducted to sensitise the children of Senior Grades IX-XII on the importance on Communication and Interpersonal Skills. The Session brought out the importance of having good communication skill which is the edifice on which a healthy social and professional relations are built. It was a fruitful session where the children came forward and shared their understanding on why they should work upon fostering good communication and interpersonal skill. The highlight was the discussion on Non Verbal Cues and communication which forms the basis of around 60% of our daily communication and interpersonal skill. Children were given effective strategies on how they can work upon developing an effective communication skill.







Health and Physical Education Sessions for Grades X & XII





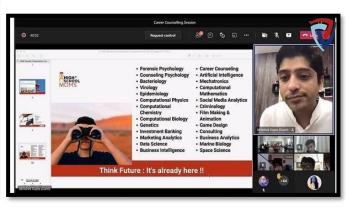
HPE Sessions were organized 'on campus' for students of Grades X & XII, keeping in mind all Covid Safety Precautions. Health and Physical education are concerned with total health of the learner and the community. Besides physical health, it includes mental and emotional health of the learners. WHO defines health as a state of physical, mental, and social well-being and not merely the absence of disease or infirmity. The aim of Health and Physical Education is to enable the student to attain such a state of health that, it becomes an education for the total human being. In this respect, it is a truism to say that the practice of healthy living will serve as the foundation for physical education. It is envisaged that any effort to promote aesthetic values at the school level will include a natural esteem for physical well-being. Besides Mass PT, Fitness Through Zumba, Indoor Sports Conditioning were organized by the Co-Curricular Department of the school.

Career Counselling by Mr Abhishek Gupta, CEO—High School Moms



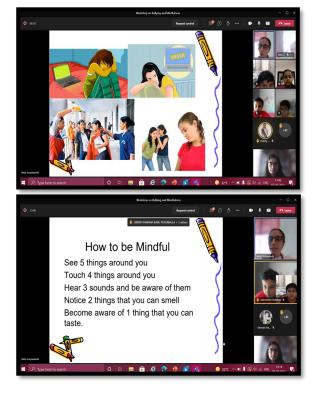
grade IX-XII attended a counselling session with Mr Abhishek counselor and CEO of High School Moms and International Alliance Counselors and Educators. He briefed the students about admission India and abroad, processes in process and Importance of IELTS, TOEFL, CAT, SAT and GMAT exams and job opportunities in 21st century.





Workshop on Bullying and Mindfulness

Well-being workshop was held for Grades V-VI 'Bullying and Mindfulness' by the well-being department. In an interactive session, students were empowered to understand bullying and its impacts. They were given effective strategies to overcome bullying and were introduced to mindfulness as a technique to regulate emotions, think calmly and move past the effects of bullying. They were empowered to be upstanders and reach out. Mindfulness was practiced in the workshop through an activity that engaged all senses.



Puppet Show (Grade Pre-Nursery -KG)

The little ridgeans were agog with excitement for the Dussehra puppet show colourfully presented by their teachers with a combination of stick puppets and visual effects . They clapped and cheered as they saw Rama defeat Ravana . They shared with the their Principal, Ms. Nidhi Tewari , their takeaway like making good choices and following rules, who then urged them to remember and follow the value learnt from the epic that the victory of Good over Evil is eternal . Students learned the values and morale of Dussehra celebration.





"Süßes sonst gibt's Saures" "Give me sweets or there will be sour things." Hallowean in Germany

When you learn new language, you also learn about new culture and style of living. Today, our students learnt how Halloween is celebrated in Germany, how do children "trick or treat" in Germany. Grade 5 students also dress in their Halloween attire to enjoy the festivities and watched videos and pictures of Halloween culture in Germany.





Azadi Ka Mahotsav- CBSE activity

To commemorate the 75th anniversary of India's independence 'Azadi ka Amrut Mahotsav'. Azadi Ka Amrit Mahotsav' is an initiative of the Government of India to celebrate and commemorate 75 years of independence of progressive India and the glorious history of its people, culture and achievements.

Story telling session on freedom struggle events was planned for Students of Grade 3 and they participated in slogan writing/Poster making. Students produced innovative ideas.



ENGLISH ASSIGNMENT CBSE RIDGE VALLEY SCHOOL Dandi Path to Independence



The India we know is a brilliant Democracy. We are a free country. Our constitution swears by equality, liberty and fraternity. But we dint always enjoy such freedom. There was a time when our country was victim to oppressive British Colonization. The freedom struggle was tough, taking many lives but ultimately led to India as we know it. One of the most important parts of this struggle was the Dandi March. In 1930 the British imposed a tax on salt, which was considered a sin since salt is such an important part of Indian food. Hence, taking 80 marchers with him, Gandhi Ji went on a 390km long walk from Sabarmati Ashram to Dandi. As they walked, Gandhi taught the people the importance of non-violence and the noble way of truth. Upon finally reaching Dandi, gathered some salt. This simple act alone spoke volumes to the people, and showed that the no matter how oppressive the British may be, India was going to obtain freedom at all costs. On his way to Dandi Gandhi ji stayed at 21 historic places, where he promoted non-violence to those who came to visit. The Dandi path was not only significant to India's independence but it also helped spread great wisdom amongst people.







Students of Grade IX celebrated the unity in diversity of our nation and to maintain and strengthen the fabric of traditionally existing emotional bonds between the people of our country. We organized Paragraph Writing Activity for grade IX wherein a video related to Freedom Struggle was shown to the students and thereafter, they were asked to pen down their thoughts on the topic' Places related to freedom struggle'. Its aim was to engage children in learning about India's Freedom Struggle thus fostering a sense of common identity.

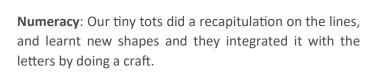
The whole purpose of the activity was to enhance the feeling of patriotism and their love and respect for the nation.

Tiny Tots Corner

Pre-Nursery

Literacy and Phonics: Our little ones enjoyed listening to story of a Tiger and A Penguin. The children came up with the new vocabulary words starting from letter T and P. They enjoyed playing Word hunt and Scavenger hunt game.







UOW: The children enjoyed a virtual trip to the Zoo. They learnt about different animals name and the difference between pet and wild animals



Nursery





Literacy: The students learnt new letters (LI, Jj, Vv and Ww') with hands-on activities. They enjoyed making animals with letter art and were thrilled to learn new words with word wall. The tiny tots learnt the value of working hard and reaping what you sow through literacy stories 'The Little Red Hen' and 'The Ugly Duckling'.

हिंदी: हिन्दी में कक्षा नर्सरी के छात्रों ने पक्षियों से संबन्धित एक कहानी सुनी-'कौआ के रिश्तेदार'। कहानी के माध्यम से उन्होंने हिन्दी में पिक्षियों के नाम व उनकी आवाज सीखी। छात्रों ने कहानी से यह भी सीखा की हमें कभी हिम्मत नहीं हरनी चाहिए।









Numeracy: Pattern: Children learnt how to make ABC pattern and also identify patterns around them along with this they leant about capacity and learnt how to Compare and measure capacity with some live experiments.

UOW: Children explored different kinds of animals and learned their facts. They culminated the theme- 'Animal' through field trip. Where they explored different kind of animals like domastic animals in farm, wild animals in Jungle and water animals in under water. Children were thrilled to see different animals and their habitats. They also learned why these animals live at different places?







Kindergarten

Literacy: Story weaving activity demonstrates the art of imagining a story, layering new ideas to build an interesting plot, presenting different characters and their lives in our own imaginative ways. Students of kindergarten had the most engaging story weaving session where each child using his/her imagination, infused life in their fictitious characters with their thoughtful and intelligent narration and together they created a beautiful story of letter "V/v".





हिंदी: नया अक्षर सीखा और उन शब्दों का ज्ञान आस पास की चीज़ों से समझाया. हमने हिन्दी भाषा सीखने का तरीका और मज़ेदार बनाया उन अक्षरों से चित्र बनाकर।



Numeracy:

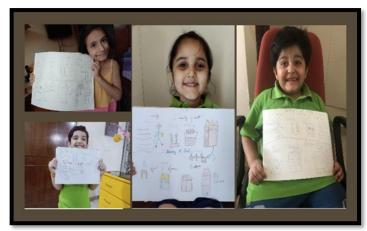
We measure things in the world around us all the time. In a perfect world, we would always have measuring tools with standard units of measurement readily available to take a measurement. However, what do we do if we need to take a measurement and we don't have any standard measuring instruments available? For instance, suppose we wanted to measure the distance from one wall of a room to the opposite wall. Our first instinct is to use feet but suppose we don't have a ruler handy. This is where our tiny tots from kindergarten got creative. They got busy measuring the distance between two points in their rooms using footspan.



UOW: "If more of us valued food and cheer and song above hoarded gold, it would be a merrier world."

Learning about the importance of food or healthy food is not complete unless we know how important it is to respect the food that we see in our plates. The food travels miles before we relish them with our families on our dining tables. The students of kindergarten learnt about the journey of food and all those involved behind the scenes to make the food available to us from farm to table. They also learnt about the two sources — plants and animals which are our major providers of food.









Grade -I

English: Students were thrilled to share on a Padlet 'Where they would like to go with their best friend?' The students drew creatively in their Art files the place along with background details and their friends. The activity helped them to draw their imagination and talk about it.

The students in Grade 1 enjoyed doing a task on 'Naming Words' by collaborating with their friends in the Breakout Room and collectively discussing and coming up with solutions for a given problem.





Hindi:

कक्षा 1 के छात्र-छात्राओं ने रामायण के महत्व को कहानी के रूप में समझा। सभी बच्चों ने रामायण कहानी में से अपने पसंदीदा किरदार का चित्र बनाया और उसमें रंग भरे।



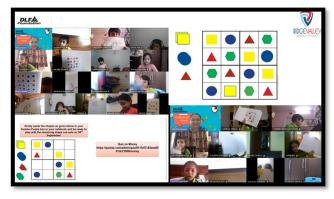




Mathematics- Hawker's Market: Ridgeans in Grade 1 and 2 today practically applied their concepts of Money, Addition and Subtraction and participated with fervor in the Activity "Hawker's Market" on the commencement of the Math Week. They enjoyed acting like shop-keepers and customers and engaged themselves in buying and selling of Healthy Food items like Pulses, Juice, Berries, Poha, Oats, Dates, Apple, Milk, Curd, Coconut Water etc.



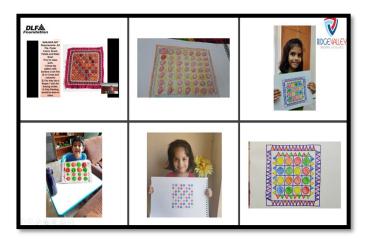


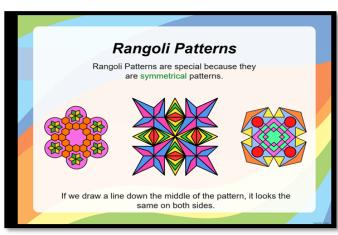




Shape Sudoku: Ridgeans in Grade 1 today were introduced to "Shape Sudoku Puzzle". Students used their logical thinking skills to find a solution for the Sudoku Puzzle. Keeping the rules of the game in mind, they joyfully pasted the shape cut-outs of Circle, Square, Triangle and Hexagon and displayed they work to their friends in class post completion. The activity enabled the students to focus on the task at hand and reinforced the concepts of 2D and 3D shapes.

Banjara Art: Students in Grade 1 learnt about patterns in nature, animals, clothes, and objects in their house. They saw symmetrical patterns and made one based on 'Banjara Art of Telengana' in their Art files using poster colours.







UOW: Rainbow Plate: Fruit and vegetables are an important part of a family's daily diet, as they contain vitamins and minerals for good health and help protect against some diseases. Students of Grade 1 were fascinated by the 'Rainbow plate' activity wherein they made their own colourful plates and mentioned the names of different foods as per their color. They talked about the importance of healthy eating and promised to include different coloured food items in their daily diet.





Little Chef Activity: The students of grade 1 learnt yet another life skill, that is culinary art, during the Little Chef activity which was performed during virtual classroom. As the children learnt the importance of healthy food, the young learners turned into little chefs and were excited to make their own healthy food bowl. They enjoyed cooking the chickpea salad and tiny banana splits for dessert. They also discussed the nutrients in the food while cooking.





Transportation:

The topic of Transportation was introduced in the class through discussions and the Padlet Wall. They were excited to share "Which is your favorite transportation and Why? The students drew land transport creatively in their Art files the place. The activity helped them to draw their imagination and talk about it

Field Trip The virtual field trips give students educational experiences away from their regular school environment. Students of Grade 1 visited the Heritage Museum of Transportation. The museum is divided into various segments and like several mini museums in one. They were amazed to see a huge engine at the entrance gate; Students were enthralled to see the exhibits of wagons, coaches and engines displayed in the



hall. It highlights the evolution of Indian car, bus industry along with models of popular locomotives, including original posters, train tickets, lamps, and railway maps. Post the trip students made colorful paper planes. The trip was magical, students enjoyed thoroughly.

Laurels

Samar Nichani secured 3rd position under Reel Titans Event Orgnized by Summer Fields school on October 18th 2021.









Diya Singh of KG A secured 3rd position in SDG Fest 2021 event organized by Ahlcon International School on September 25th 2021.

Diya Bhatia of Grade I A secured 3rd position in Story Narration Category in VIBGYOR interschool event organized by Summer Fields School on October 14th 2021.

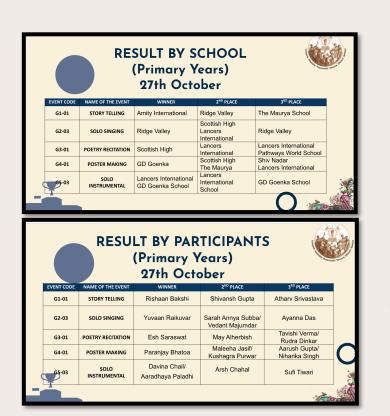








Harsh Mishra of Grade V secured 3rd position in Mime Category in VIBGYOR interschool event organized by Summer Fields School on October 14th 2021.

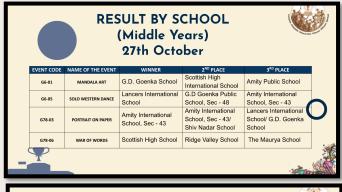




Shivansh Gupta of Grade I secured 2nd position in Poetry Recitation competition organized by Lancer's International School on October 25th 2021.



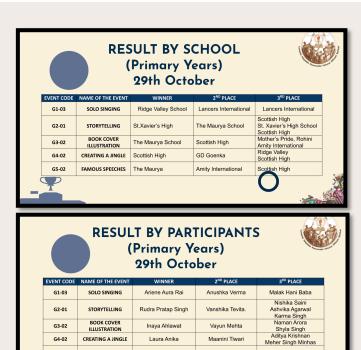
Rishaan Sehgal of Grade VII secured 2nd position in War of Words competition organized by Lancer's International School on October 25th 2021.







Arlene Rai of Grade I secured 1st position in Solo Singing competition organized by Lancer's International School on October 29th 2021.



Laura Anika

Maanini Tiwari

marth Mehra

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CREATING A JINGLE

FAMOUS SPEECHES







Navya Mittal of Grade VIII secured 3rd position in Open Mic competition organized by Lancer's International School on October 29th 2021.



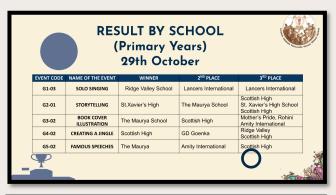


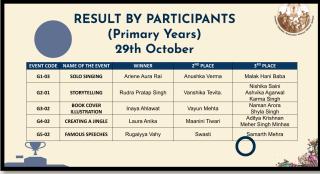


Neil Rao of Grade VI secured 3rd position in Solo Instrumental –Western competition organized by Lancer's International School on October 29th 2021.



Aaditya Krishnan of Grade IV secured 3rd position in Creating a Jingle competition organized by Lancer's International School on October 29th 2021.









Jigme Tashi of Grade VII secured Gold Star position under Painting Competition organized by Salwan Public School on October 29th 2021.





Sanghamitra Bhattacharya of Grade IX secured Gold Star position under Folk Song Competition (Senior) organized by Salwan Public School on October 29th 2021.





Ashvita of Grade I secured Gold Star position under Fancy Dress Competition organized by Salwan Public School on October 29th 2021.

Ayanna Das of Grade II secured 2nd position under Music Mantra Competition organized by Bal Bharti School Manesar on October 30th 2021.







Ishaan Chamoli of Grade XI from Ridge Valley School participated in AI Enthusiast challenge organised by Intel and submitted his brilliant idea about helping "Refugee Relocation through AI Mapping". And his has been selected as global top 10 and India's number 1 idea(Under 13-18 Years age category). He will also be rewarded with prize Money of USD 1500.



Student's Corner

Still here....

Once again, this year on the 4th of November, Diwali was celebrated with pomp and show. The great Indian festival was followed by its usual path of smog unique to Delhi that, according to Reuters, "blanketed the city" and "darkened the sky".



This time, Indians everywhere seemed to light their diyas and string their lights for reasons other than to guide King Ram home.

After two years of great strife and loss, two waves (A third supposedly on its way), and multiple lock-downs, every lumen of light, whether it was from a flame of an oiled wick or a blinding fluorescent bulb, seemed to call out. Seemed to reach out into the night, into the void we call our world,

"After everything, I still made it, I'm still here. Are you?"

Many of us aren't.

And the grief that has stemmed from the people we lost may never leave.

And the memories that remain of these people may make us feel like we can never move on.

But like the smoke that now clouds our cities, these feelings will fade.

Next year, as we relive each celebration and ceremony, they may return stronger than ever.

But if the last two years have proved anything,

it's that we're strong enough to face them.

By Marjan Raja, Grade XI Vice President Ed Board (Senior School)

Brain Teaser

- a. We break yet never fall, and what falls yet never breaks?
- b. What is always in front of you but can't be seen?
- c. The more you take, the more you leave behind. What are they?
- d. What's left when you take an ant out of a plantain?

Answers: a. Morning and night, b. The future, c. Footsteps, d. Something plain